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Swayze dies at 57 after cancer fight

DEATH Patrick Swayze, the hunky actor who danced his way into viewers' hearts with Dirty Dancing and then broke them with Ghost, died yesterday after a battle with pancreatic cancer. He was 57.

"Patrick Swayze passed away peacefully today with family at his side after facing the challenges of his illness for the last 20 months," said a statement released yesterday evening by his publicist, Annett Wolf. No other details were given.

Patrick Swayze

Fans of the actor were saddened to learn in March 2008 that Swayze was suffering from a particularly deadly form of cancer.

He had kept working despite the diagnosis, putting together a memoir with his wife and shooting The Beast, an A&E drama series.

THE ASSOCIATED PRESS

News on the Move

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Food pg 18

Go Greek for pasta bake

ROBIN ROMSOM/FOR METRO CALGARY

Wildrose Alliance Party candidate Paul Hinman gets calls of congratulations after scoring a major upset over Liberal rival Avalon Roberts and Progressive Conservative candidate Diane Colley-Urquhart in the Calgary-Glenmore byelection yesterday.

Byelection upset

Wildrose Alliance takes Calgary-Glenmore seat in narrow win

KRISTA SYLVESTER
krista.sylvester@metronews.ca

Vote tally

- Paul Hinman - WAP - 4,052
- Avalon Roberts - LIB - 3,776
- Diane Colley-Urquhart - PC - 2,863
- Eric Carpendale - NDP - 148
- Len Skowronski - SC - 118
- Antoni Grochowski - IND - 71

METRO CALGARY

"Send Ed a Message" was the campaign slogan and send a message the Wildrose Alliance did during the tight race in the Calgary-Glenmore byelection last night.

Paul Hinman said the byelection was a symbolic moment for the Wildrose Alliance, a sentiment echoed by party leaders.

"Well, we've already won with Diane Colley-Urquhart failing to win. That I will declare — Diane will not be winning and voters have sent a message," an exuberant Hinman said. "It's a huge boost, this is phenomenal."

Hinman said the message was sent and Calgary-Glenmore will now have a true Conservative voice.

"They are voting for a true Conservative party that is going … to put good government ahead of good politics — they are fed up with the way things are being run."

Wildrose Alliance leadership candidate Mark Dyrholm was excited for the win and said it strengthens the party's voice.

"If this government provided leadership — none of this would have happened," he added.

Mount Royal University political science instructor Duane Bratt said the win should send a strong message to Premier Ed Stelmach.

"It's not so much Hinman won, but how bad Urquhart lost finishing third. It has less to do with the candidate, less to do with the party and more to do with the premier," Bratt said.

Urquhart was disappointed but gracious over Hinman's win.

"I think he ran a good campaign and knocked on a lot of doors and I certainly respect the decision of the voters. We were running to finish first, so it's disappointing," she said.

Avalon Roberts was also discouraged but acknowledged the tight race.

"I think it was certainly close but we were disappointed we weren't able to win, but it shows people are very upset with the mismanagement and there are consequences."

Tories set to unveil EI benefit extension

POLITICS The Harper government says it will introduce a bill tomorrow that would extend employment insurance benefits for some long-tenured workers who have lost their jobs.

It's a move that could help avert a fall election — if the NDP supports the measure.

Paul Dewar

The proposed legislation would provide an extra five to 20 weeks of EI benefits to workers who have been paying into the system for the past seven to 10 years without collecting benefits for more than 35 weeks in the past five years.

But it's only a temporary measure, and stops short of adopting other key measures that had been suggested by opposition parties and by a Tory-led task force last year.

Still, the move may be enough to stave off an election. The NDP has said it will seriously consider supporting the bill, provided it reads as advertised.

"If they are going to put forward something that is going to help Canadian people who are hard hit, we would be irresponsible not to seriously consider and support that," said New Democrat MP Paul Dewar.

Human Resources Minister Diane Finley said the measure would cost up to $935 million over three years. THE CANADIAN PRESS

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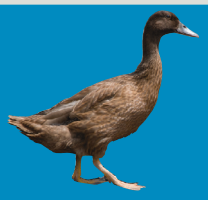

Syncrude pleads not guilty to duck deaths

Syncrude Canada Ltd. pleaded not guilty yesterday to charges in the deaths of more than 1,600 ducks in a toxic waste pond in 2008, a case that heightened international concern about the environmental impact of developing Canada's vast oilsands. Syncrude, the largest oilsands miner and processor, faces charges under Canada's Migratory Birds Convention Act and Alberta Environmental Protection and Enhancement Act in the waterfowl deaths. METRO CALGARY

METRO INTERNATIONAL NEWSPAPER OF THE YEAR 2009 Festival of Media Awards

Calgary in brief

ARRESTED A Calgary man faces charges stemming from separate instances after an arrest Sunday. On Aug. 11, a man entered a southwest liquor store and didn't pay for a bottle of alcohol, police said, and when a staff member attempted to stop him, the assailant allegedly struck the person with the bottle. Robert Kenneth Laing, 20, of Calgary was arrested for failing to comply with a probation order, and was also charged with robbery.

DEVELOPMENT Calgary city council has passed an amendment allowing development on the site of the Hub Oil Plant. The site has been vacant since a fire destroyed the refinery in 1999. Alberta Environment has already approved a plan to clean the site of contaminants. The property will be turned into light industrial or commercial property, according to the developer.

ELEPHANT After an examination by an independent vet, Lucy, the 32-year-old Asian elephant at the centre of a Valley Zoo controversy in Edmonton that has attracted star power, including former game show host Bob Barker, will not be moved from the city. The vet said he considered it "unethical" for any vet to recommend moving the pachyderm, who was suffering from a respiratory ailment. METRO CALGARY

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Interchange gets approval

Council pushing to move construction along early next year

MEREDITH O'HARA
for Metro Calgary

Commuters in the south west can look forward to big changes next year.

Calgary city council approved plans for Glenmore Trail, adding an interchange at Glenmore Trail and 37 Street SW.

The decision comes just months after the province's deal with the Tsuu T'ina for the southwest ring road fell through.

"We need to move forward on this," said Ward 11 Ald. Brian Pincott, adding council has been waiting for the province's decision before making their move.

"There's no question that 37th and Glenmore is an intersection that has been a fail for years," Pincott said.

He said now that there's a decision construction could begin as early as next year.

Council still has to approve funding for the project that's expected to cost more than $40 million.

City staff said much of that money can be found in money left over from other projects as well as the funds set aside for connections to the ring road had the province approved it.

The interchange at Glenmore Trail and 37 Street SW will help with the flow of east/west traffic.

ROBIN KUNISKY/FOR METRO CALGARY

An interchange at Glenmore Trail and 37th Street SW is one step closer after council approved plans for the roadway yesterday. It will arise at council again during budget adjustments in November.

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Council also directed staff to continue working with the province to develop a plan for the southwest ring road connection from Highway 8 to Highway 22x.

Ward 12 Ald. Ric McIver wanted the province to build the road west of the Glenmore reservoir.

"I just want Calgary's drinking water to remain safe," McIver said, adding he felt heavy truck traffic near the reservoir could be dangerous.

DNA order leads to sex assault arrest

KRISTA SYLVESTER
krista.sylvester@metronews.ca

CRIME A recent court-imposed DNA order led Calgary police to make an arrest in a four-year-old violent sex assault case and police believe there could be more victims.

Police arrested Hector Santos, 38, in connection with the 2005 incident in which a 46-year-old woman was allegedly sexually assaulted and brought to a second location where she was sexually assaulted again, according to Staff Sgt. Guy Baker.

"We know for a fact sex assaults are very under-reported … and certainly anyone that has been a possible victim by this individual should contact us," Baker said. "It's very possible."

Santos was charged and convicted in April 2009 with sexual interference with a child and served time for those charges and released with conditions he stay away from places with small children residing.

He was also ordered to give his DNA, which led to his arrest on Sept. 10.

"As a member of the public, I would say it's a huge relief for all of us," Baker said of the arrest. "I don't want to say this is unique but certainly concerning for us … and alarming for the public."

Santos will be held in custody until his next court appearance Sept. 18.

Arrests made in alleged Ponzi scheme

KRISTA SYLVESTER
krista.sylvester@metronews.ca

CRIME After a three-and-a-half year investigation, RCMP have laid charges in a Ponzi-type scheme that allegedly raised more than $100 million from investors in Canada, the U.S. and internationally.

RCMP Supt. Eric Mattson said one man was arrested and charged with fraud over $5,000 and theft over $5,000 and officials say one more suspect is believed to be out of the country.

"This was a Ponzi-type investment where individuals raised money from others with the promise of a higher return," Mattson explained, adding the alleged scheme took place between 1999 and 2008.

"(The) gold was located in places in South America and other places outside of Canada … but at the end of the day there was not sufficient gold to support … any type of return."

Milowe Allen Brost, 55, of Chestermere was arrested and investigators are still seeking Gary Allen Sorenson, 66, of Calgary.

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WHAT'S ONLINE TODAY

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Speedway lease decision postponed

Ward 12 Ald. Ric McIver's notice of motion to extend Race City Speedway's lease until 2015 was postponed yesterday during council. McIver decided to wait until Ald. Jim Stevenson could be present for the discussions. **METRO CALGARY**

A city man's pedal-powered revolution

KRISTA SYLVESTER
krista.sylvester@metronews.ca

Describing it as the most difficult record attempt he has undertaken, a Calgary man plans to become the first person to travel from Canada to Hawaii under his own power.

Already setting two human-powered world records on land and water, Greg Kolodziejzyk now plans to take a pedal-powered boat from Victoria, B.C., to Honolulu, Hawaii — a trip expected to last 50 to 80 days.

"I will be facing one of the most formidable environments on the planet, pedalling for up to 16 hours per day, enduring storms at sea, and quite possibly even a capsize or two," Kolodziejzyk said. "It is going to be the ultimate test of my resolve."

But the avid athlete said the grueling process will be worth it, since for every one of the 3000 miles travelled, a child who cannot afford a bike will be given one through a partnership with Kimberlee's Bikes for Kids for the Pedal the Ocean.

"We need donations and for each 50 dollars a child will receive a bike, a helmet and a water bottle."

Kolodziejzyk is already training for the 2010 world-record attempt.

Anyone who wants to donate can do so online at pedaltheocean.com.

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City putting parking review into full drive

MEREDITH O'HARA
for Metro Calgary

FUNDING The Calgary Parking Authority will go under the microscope.

Ward 7 Ald. Druh Farrell presented a motion at yesterday's council meeting to look at the authority's financial and operational mandate, business model and governance.

In her presentation to council, Farrell said the parking authority "provided the City of Calgary over $20 million in net income, parking control revenues and property and business tax."

The parking authority is responsible for planning, construction and operating a portion of the public parking in the downtown.

"Parking is very important to mobility decisions and to the health of the downtown," said Farrell.

She said with parking becoming growing issue, a strategic review will give council a foundation to build policy from.

Other members of the city council made minor amendments to the motion.

The changes mean staff will first study the scope and cost of the review that could start as early as the new year.

Farrell's motion received the support of the Calgary Downtown Association.

"The current parking experience is the number one deterrent to doing business in the core," the association said in a letter to council.

News in brief

WEBSITE The city's infrastructure update website has doubled the number of projects regularly updated, and the site has won an international award. The infrastructure website, which tracks the details, schedules and funding sources for some of Calgary's more than $6 billion in infrastructure projects, was honoured yesterday with the Interactive Media Award for Outstanding Achievement in the government category.

PARK The City of Calgary has made Nose Hill park a little bit bigger. Council approved a land swap with the Calgary Winter Club at their meeting yesterday. The land exchange gives the Winter Club two small lots, one they plan to immediately developing into a parking lot. The city gains .4 acres of land.

METRO CALGARY

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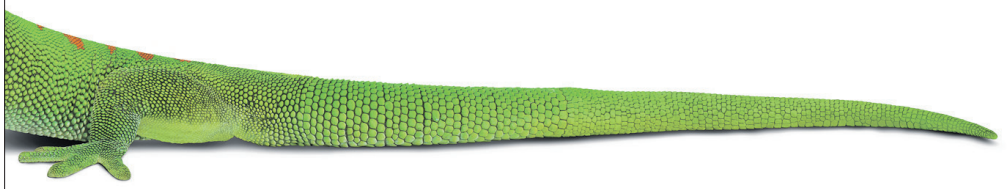

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Helicopter based on coast needed, says sunken boat's owner

The owner of a fishing vessel from Newfoundland that sank on the weekend with the loss of at least one crew member says the tragedy might have been avoided if the federal government had based a helicopter in St. John's. The search and rescue helicopter station for the province is based in Gander, in central Newfoundland. THE CANADIAN PRESS

Canada

Clement denies anti-gay claims

Industry Minister Tony Clement, left, denied yesterday he directed his department to give any special scrutiny to gay-themed tourism events, and lashed out angrily at opposition suggestions that homophobia motivated government funding decisions. Clement insisted he did not oust cabinet colleague Diane Ablonczy from the helm of a tourism program after she approved funding for Toronto's gay pride week. THE CANADIAN PRESS

Death prompts debate

Jean weighs in on usefulness of Canada's role in Afghanistan

The death of another young Canadian soldier has provided the kindling to reignite the debate over the usefulness of Canada's role in Afghanistan — and even Gov. Gen. Michaëlle Jean waded into the issue yesterday.

The death of 21-year-old Pte. Patrick Lormand, Canada's 130th soldier killed in the mission, prompted an impassioned address from the country's top-ranking soldier in Afghanistan.

Brig.-Gen. Jonathan Vance's stern rebuke was aimed directly at a Liberal senator who publicly expressed doubt about the mission's potential.

Senator Colin Kenny, the chair of the Senate Committee on National Security and Defence, compared the effort to the historic military quagmire in Vietnam and suggested Canada should scale back its role in the remaining year of its combat mission.

That was met with a harsh response from Vance as he spoke about the passing of Lormand.

Jean

"Neither (Lormand) nor his family benefit from uninformed opinions about what his goals were and the techniques he used to achieve them," Vance said. Military officials told reporters the statement was directed at Kenny.

Canada's normally apolitical Governor General also waded into the issue.

She described an emotional trip she took to Kandahar last week, and applauded the good work of Canada's soldiers.

"It broke my heart today to learn of the death," Jean wrote in the statement, which was posted on her website.

"As a tribute to Private Lormand, I would like to reflect on the mission for which he so bravely gave his life, because, not three days ago, I was with our soldiers in Afghanistan to honour the difficult and remarkable job they are doing."

Jean described a visit to a school where, she said, children expressed gratitude that foreign soldiers would risk their lives to provide security for their country.

"These are the people we never — or rarely — hear from," Jean said. "They all told me that the actions of our soldiers to insure the security of the area … (is) helping them to move forward as they face the forces of destruction in their country." THE CANADIAN PRESS

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Harper to meet with Obama, congressmen

WASHINGTON On the eve of a possible federal election, Prime Minister Stephen Harper will spend an hour this week in the most storied office in the world next to a man who remains wildly popular in Canada — U.S. President Barack Obama.

Harper's visit to Washington includes a sit down with Obama in the Oval Office for an hour tomorrow is undoubtedly a marquee moment for an embattled leader.

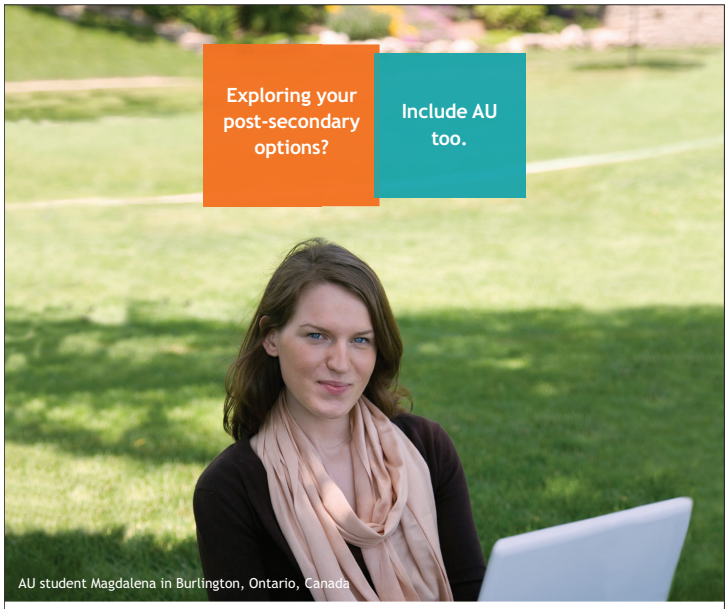
"It's a hardly a pittance," Paul Frazer, a one-time Canadian diplomat who's now a consultant in Washington, said yesterday.

Frazer disputed any suggestion that Obama was paying Harper short shrift with the hour-long working visit.

As well, Frazer pointed out, Harper knows where much of the real power in Washington resides — in Congress. To that end, the prime minister will meet with leading congressional Democrats, including Nancy Pelosi and Harry Reid. THE CANADIAN PRESS

News in brief

ELECTION The NDP have asked Canada's top election official if the country is prepared to go to the polls during a swine flu outbreak. Judy Wasylycia-Leis, the NDP's health critic, has written to Elections Canada about the possible resurgence of the influenza A (H1N1) virus this fall. THE CANADIAN PRESS



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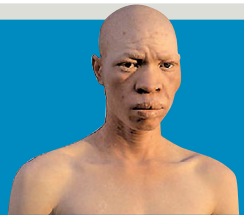
Distrust in journalism grows
More bad news for journalists: The percentage of people who believe their work is inaccurate and biased continues to grow. Nearly two-thirds of Americans surveyed by the Pew Research Center for the People & the Press believe that news stories are often inaccurate. THE ASSOCIATED PRESS

World



Speaking up for Tanzania's albinos

A Canadian rights group says it will not rest until there is an end to the murder of albinos in Tanzania — a minority often hunted down for their body parts to be used in witchcraft. Since 2007 at least 53 albinos have been killed in various parts of the east African nation, with most incidents occurring in the remote northwest regions of Shinyanga and Mwanza, where superstition is deep-seated. REUTERS

Obama warns Wall Street

President Barack Obama sternly warned Wall Street yesterday against returning to the sort of reckless and unchecked behaviour that threatened America with a second Great Depression.

Even as he noted the U.S. economy and financial system were pulling out of a downward spiral, Obama warned financial titans on the first anniversary of the Lehman Brothers collapse that they could not count on any more bailouts.

He credited his administration and the $787-billion stimulus package rammed through Congress in the first days of his taking office for pulling the country back from the brink.

"We can be confident that the storms of the past two years are beginning to break," he said.

And even as the economy begins a "return to normalcy," he said, "normalcy cannot lead to complacency."

Nevertheless, Obama said, "Instead of learning the lessons of Lehman and the crisis from which we are still recovering, they are choosing to ignore them."

THE ASSOCIATED PRESS

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Philippines **Demand for troops to leave**

BULIT MARQUEZ/THE ASSOCIATED PRESS

Protesters shout slogans during a rally outside the U.S. Embassy in Manila yesterday to protest the continued presence of U.S. troops in the Philippines through the Visiting Forces Agreement, or VFA. The U.S. troops are currently stationed in southern Philippines to help the Philippine military in its fight against terrorism in the wake of terrorist attacks on U.S. soil in Sept. 11, 2001.

News in brief

U.K. In a case that altered airport security worldwide, three British Muslims were imprisoned yesterday for at least 30 years each for a plot to kill thousands by blowing up transatlantic airliners with liquid explosives hidden in soda bottles.

PAKISTAN A missile fired from a suspected unmanned U.S. drone slammed into a car in a Pakistani tribal region close to the Afghan border yesterday, killing four people, intelligence officials and residents said. The apparent American missile strike was the latest of more than 50 in the northwest region since last year.

MURDER Clues increasingly pointed to an inside job yesterday in the slaying of a Yale graduate student whose body was found stuffed inside a wall five days after she vanished from a heavily secured lab building accessible only to university employees.

THE ASSOCIATED PRESS

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Comment

Attacks on the horizon

Get ready for down-and-dirty politics if election called

NationalReport

Lawrence Martin

metronews.ca/nationalreport

The debate on health care in the United States, hijacked by lame-brained, right-wing radio talk jocks, is comparable to the debate on coalition government here. Level of intelligence? Subterranean.

In the U.S., Barack Obama's enlightened effort to bring health care to 45 million Americans without it is being distorted into a socialist takeover of Washington.

But perhaps we shouldn't chide them too much. Up here, we're running the risk in the coming election, should we listen to the Conservatives, of socialist and separatist hordes taking over Ottawa.

Yep. It's that bad. In every election campaign, it should be said, the bullshine metre rises. But in the coming one, look out. It threatens to go off the charts. The prime minister alleged the coalition takeover plot in a closed-door speech. His Conservatives, experts at dirtball, have dredged up an out-of-date quote from Michael Ignatieff saying he supports a coalition and are using it in an attack ad.

With their myriad distortions the Conservatives have turned the idea of a coalition into something worse than swine flu. Coalition governments have been common in Europe. Canada had its own coalition government in the First World War and the country didn't fall apart.

We need to bear in mind also that since minority governments are frequent due to our multi-party makeup, coalitions may well be the way of the future in this country. The problem for the Conservatives — and the reason they detest coalitions — is because they have no natural partners to link up with.

No one should wish the Bloc Québécois to be a formal part of any coalition. But the reality is that minority governments will often be reliant on their support for survival.

As was revealed in a letter to the Governor General released by the Bloc last year, Stephen Harper, as opposition leader, was prepared to co-operate with the Bloc and the NDP to create an alternative to Paul Martin's Liberal minority if the opportunity presented itself.

Last year, an agreement was reached wherein the Bloc agreed not to bring down a Liberal/NDP coalition for 18 months. Despite his letter to the Governor General, the PM, in high dudgeon, portrayed the arm's-length arrangement as some sort of Armageddon. He scored so high in the court of public opinion with the gambit that no one dares use the c-word again.

It's wild. It's like the demonization of national health care in the U.S. It's Rush Limbaugh come north.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.

MICHAEL DE ADDER

Views

Dreaming of a date with George Clooney

ModernLife

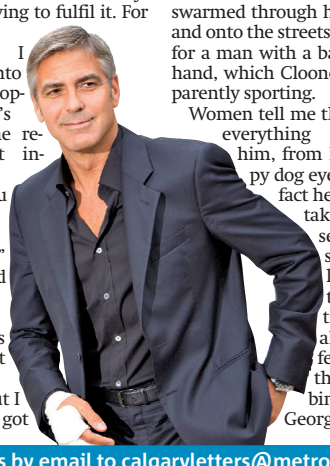
Georgie Binks

metronews.ca/modernlife

Every year on a sunny September day, I doll myself up, in an understated way, head down to Yorkville and accidentally bump into George Clooney at the Second Cup.

Overwhelmed by my wit, depth and unusual looks (so different from the women he dates) George immediately falls for me. We play hide-and-seek in Kensington Market, laugh as we eat butter chicken at my favourite Indian restaurant and, well, the rest is history — or rather fantasy. As the Toronto International Film Festival hits town every year I enjoy my "George" fantasy. (He loves that we share the same name.)

It's my secret life with George (what a great movie title!), which I've always thought was mine alone until I headed downtown last week and discovered the entire female population of Toronto (and likely the world) harbours the same fantasy and lurks everywhere trying to fulfil it. For instance, when I walked into my optometrist's office, the receptionist inquired, "Have you seen George Clooney?" My head whipped around. "Why is he out there?"



"No, but I hear he got mobbed eating sushi last night."

Another patient arrived at the desk. "Oh, you mean George." As if she was on a first-name basis with him. No sooner than do I feel like my dirty little secret is everyone else's, too, when a sales clerk informs me a busload of women has swarmed through her store and onto the streets looking for a man with a bandaged hand, which Clooney is apparently sporting.

Women tell me they love everything about him, from his puppy dog eyes to the fact he doesn't take himself too seriously. I think there's also that feeling that nabbing George, the über single man, would be an achievement far surpassing being prime minister, winning the lottery or, for me, finding a product that would give my hair volume.

One woman tells me, "I love George because he dates everyone — it doesn't matter what age."

"He's dating women our age now?"

"No — but every other age."

Which brings me back to reality — that with the passage of time my daughter, 22, is now old enough or young enough to date George. This unfortunate (for me) scenario now has me as George's mother-in-law and serving him mashed potatoes.

Wait. My new fantasy is George reads this with his morning coffee and picks up the phone ...

Georgie Binks is a Toronto freelance writer who writes about gender and relationships; georgiebinks@rogers.com

Worth mentioning

Elections Canada preps for possible vote, flu outbreak

Canada's election agency is stockpiling hand sanitizer as it prepares for a possible election and a potential swine flu outbreak.

A spokeswoman for Elections Canada said yesterday each polling station will have two bottles of hand sanitizer along with posters urging flu-stricken voters to cough into their sleeves and wash their hands.

"The health and safety of Canadian voters during a general election is a priority for Elections Canada," Diane Benson said.

"Elections Canada is taking appropriate steps in line with government of Canada guidelines to provide Canadians with a safe and healthy voting environment."

Benson wasn't immediately able to say how much it will cost to stock each voting station with bottles of hand sanitizer.

The agency detailed its plans after the New Democrats asked Canada's top election official if the country is prepared to go to the polls in the event of a swine flu outbreak.

THE CANADIAN PRESS

We Know What You're Thinking

33% The number of Canadians who say either they or someone close to them have/has been a victim of identity theft.

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Woman whose union battle inspired film dead at 68
The woman who inspired a fight to unionize a Southern textile plant and was later depicted in the 1979 film Norma Rae has died at age 68. The film recounted Crystal Lee Sutton's battle against low pay and poor conditions at J.P. Stevens in northeast North Carolina. THE ASSOCIATED PRESS

Business

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US 0.42¢	US 33.7¢	US 43¢	78.81

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Household net worth rose in Q2: StatsCan

Statistics Canada says Canadians grew wealthier in the second quarter, mostly because their stock market investments began recovering from the deep sell-off during the recession.

The agency says household net worth grew by $141 billion to $5.6 trillion for the third consecutive quarter during the April-June months, a time when the Toronto Stock Exchange index advanced by 20 per cent.

But the agency notes that Canadians also started taking on more debt during the period. The forays into borrowing were "led by substantial mortgage borrowing related to increased activity in the resale housing markets and an upswing in consumer credit," said the report, released yesterday.

$5.6T Canadian household net worth grew $141 billion to $5.6 trillion during the second quarter, a Statistics Canada report says.

Still, the increase in wealth more than made up for new loans as the ratio of debt to worth edged down to 24.8 cents per dollar of worth from 24.9 cents in the first quarter.

m.metronews.ca

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The agency says the net worth of corporations fell by $208 billion in the second quarter.

Government levels of debt rose in the second quarter to 39.8 per cent of the economy from 38.3 per cent in the previous three months and from 36 per cent last year.

THE CANADIAN PRESS

BoC's inflation fixation a risk to economy, say analysts

ECONOMY The Bank of Canada is coming under criticism for having too narrow a view of the economy.

In a new paper, economists Arthur Donner and Doug Peters say the central bank's adherence to fighting inflation at the exclusion of other aspects of the economy poses a risk to the recovery.

Report

- A new Statistics Canada report showing the rate of industrial capacity utilization kept shrinking in the second quarter to just above 67 per cent — the lowest since data collection began in 1987 — gives fresh evidence there is still plenty of slack in the economy.

"In our view, the Bank of Canada needs to broaden its formal economic policy objectives," they write in a paper for the Canadian Centre for Policy Alternatives. "The central bank must have a broader view of the economy and include employment and economic growth along with inflation as near-term objectives."

The paper comes as policy makers look for ways to avoid the pitfalls that led to the recession.

Bank of Canada governor Mark Carney has mused recently that the institution's mandate may need to be broadened to avert future crises. In a speech last month, Carney talked of an emerging consensus that "price stability does not does not guarantee financial stability."

THE CANADIAN PRESS

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Avaya's $900M bid takes auction for Nortel's Enterprise

WIRELESS In a deal worth close to $1 billion US, Nortel Networks announced yesterday that American rival Avaya Inc. was the successful bidder for its Enterprise Solutions division in a sale that's expected to close in December.

Avaya has agreed to pay more than $900 million US — nearly twice its initial bid — in return for one of the few remaining major assets of a company that had been once considered the flagship of Canada's technology industry.

In addition to Nortel's global enterprise — or corporate — business, Avaya will get shares in its Government Solutions and DiamondWare businesses.

Under the terms of the deal, which is still subject to Canadian and U.S. court approvals expected today, Avaya will put up an extra $15 million US for a program designed to keep key Nortel employees on board.

THE CANADIAN PRESS

Spain **Resto fights swine flu in style**

VICTOR R. CAIVANO / THE ASSOCIATED PRESS

A woman dines at the Silk&Soya restaurant near Madrid, Spain. The eatery claims to be the world's first restaurant with a specific plan to protect against the influenza A (H1N1) virus, also known as swine flu. Menus are washed daily, cooks wear surgical masks and tables are set farther apart.

Exxon starts drilling in Alaska field

ENERGY Exxon Mobil has drilled the first section of its first production well at the Point Thomson field on Alaska's North Slope.

The Anchorage Daily News reports Exxon plans to complete the well by the end of next year and begin production by the end of 2014. The well is part of the first phase of Exxon's planned $1.3 billion natural gas cycling project at Point Thomson.

Exxon says the field on the Beaufort Seat coastline holds an estimated 8 trillion cubic feet of gas.

THE CANADIAN PRESS

Business in brief

EXECUTIVE PAY Salaries for mining company CEOs rose by nine per cent in 2009, despite an industry slowdown, but cash bonuses fell by 18 per cent, a new report shows. The average annual base pay for Canadian CEOs rose to $484,000 compared to $443,000 in 2008, said the survey by Coopers Consulting Ltd. and PricewaterhouseCoopers LLP. THE CANADIAN PRESS

AUTO As many as 10,500 Opel jobs in Europe could be cut, nearly half of them in Germany, the co-chief executive of Magna International Inc. said yesterday. THE ASSOCIATED PRESS

Money-saving tip

Need to buy a gift for someone? Homemade gifts like scrapbooks, baked goods or picture frames save money and add a personal touch money can't buy. NEWS CANADA

Student ¢ents

Be frugal

Select small splurges. Instead of buying the latest designer handbag, consider a purse-shaped Post-it note dispenser for under $15.

NEWS CANADA

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Avoid the debt trap

ERIC EMIN WOOD
for Metro Canada

Postsecondary education is hard enough without creditors getting involved.

So how can students — who in many cases are dealing with tuition fees, government loans, living expenses and one or more part-time jobs, in addition to classes — avoid the debt trap that has snared so many of their peers?

Whether avoiding debt or climbing out of it, the strategies are the same, says Julie Jaggernath, director of education at the Credit Counselling Society of Canada. "Cut expenses, find a job, and pay things off," she says.

"Sometimes it's better to pay to get out of a contract, because at the end of the day, it's going to cost you more if you carry it for the next two or three years."
Elena Jara, of Credit Canada

Many students spend their money on small "discretionary expenses" such as food, she says, not realizing how it adds up.

Jaggernath advises making a budget. "Lay out your financial plan just as you would your schedule," she says. "How much money do you have until the end of the term? Divide that by month, divide that by week, then keep it in a holding account and pay yourself like a business."

Elena Jara, credit education co-ordinator with Credit Canada, advises students to avoid long-term contracts, including cellphone plans and car leases, because they never know where they'll be in a year.

"Before you sign any contract, read it, and if you don't understand it, do not sign," she says.

If you are roped in, she says, "sometimes it's better to pay to get out of a contract, because at the end of the day, it's going to cost you more if you carry it for the next two or three years."

Not surprisingly, Jaggernath and Jara both recommend credit counselling to those already in debt — though most schools have academic advisers and a financial aid department, Jaggernath says, and she encourages students to "use and abuse" them.

"Those folks on campus are an amazing resource," she says, "and they would rather help ahead of time than have to find a crisis loan at the last minute."

Jaggernath admits that some money should be set aside for fun. "A coffee a week had better not kill you," she says.

That said, students "need to take a look at their lifestyle and say, 'You know what? I'm working for my long-term good, not my immediate gratification.'"

Visit creditcounsellingcanada.ca/member_agencies to find a non-profit credit counselling agency near you.

You should set aside some money for fun, such as going out for a coffee with friends once a week, credit experts advise.

Knowing your credit history key when applying for financing

There are a number of steps involved in acquiring financing. As a routine part of the application process, the lender will order a copy of your credit score.

Your personal credit score is compiled by credit bureaus who collect information from various sources, including banks, retailers and other public records, creating a credit report. Information such as: What credit and debit cards you have, the types of accounts you have at various financial institutions, information about personal loans (such as student loans), are all part of the report.

Generally, credit reports show information going back six to seven years.

The credit bureau does not rate you — it merely provides information on your credit history. The lender will examine the credit report to aid in determining whether to lend you money. If the lender has any concerns about something on the report, the lender may ask you for an explanation.

The lender will also use the report to verify other information on your financing application, for example, information about your employment status, your address (including the name of your landlord and perhaps rental payment history), and so on. The credit report will also indicate inquiries made by other creditors over the period of the report.

By getting a copy of your credit report before you apply for financing, you may be able to avoid surprises and possible delays that may occur in having to answer questions about your credit report. Because the report contains information about you, you have a right to inspect a copy of it.

NEWS CANADA

How to improve your score

Here are a few tips to improve your credit score:

- Apply and open new credit accounts only as necessary.
- Pay off debt rather than moving it around.
- Get copies of your credit report and review to make sure they are accurate.
- Understand how your credit score is determined.

NEWS CANADA

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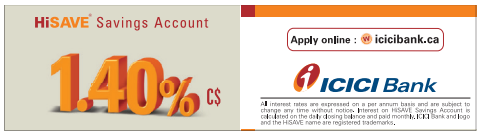
Your Money



Can students study and eat?

BUDGETS When money gets tight, how do students cope? According to a poll from RBC, 61 per cent spent less on food, 57 per cent spent less on alcohol, 23 per cent didn't buy all the books they needed, and 11 per cent paid their tuition late.

How can students cut back without compromising? By planning, says Kavita Joshi, director of student markets at RBC.

Certain student expenses are fixed. But it's discretionary spending that drives up costs, says Joshi, and can lead to drastic measures. "It takes forethought, whether planning your meals, buying second-hand books, or searching for fun and funky clothes or furnishings at thrift stores," Joshi says.

Planning is more than looking for bargains. It also means making choices about how and where you spend, so that you do have something left over.

NEWS CANADA

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Financial call for help

The first call for financial help came three weeks into our daughter's first semester at university. She'd lost her meal card on a Friday night and the office was closed until Monday. No card equalled no food.

Few parents of first-year students will get to the holidays without a supplicating call, text or email. Weekend gatherings, lonely hours racking up the cellphone minutes and all the grab 'n goes en route to classes put a dent in the student budget.

The semester has started but it isn't too late to put a plan in place to keep students on track financially. You don't want to be over-involved or, God forbid, interfering, and you do want your children to learn from their mistakes. But, especially for students without a track record handling money, the surest route to independence is by placing a gentle financial hand on their shoulders.

Financial independence developed now will pay off with a better ability to handle the inevitable education debt upon graduation.

As many as 70 per cent of students starting first year in 2009 will have student loan debt upon graduation and those pursuing four-year programs will average $25,000 or more — and that doesn't include student lines of credit or money borrowed by parents. So it only makes sense to start students off with some financial dollars and sense.

If you haven't done so already, make sure there are two bank accounts in place with lump sums being deposited in the savings account and an automatic twice monthly transfer into chequing for living expenses.

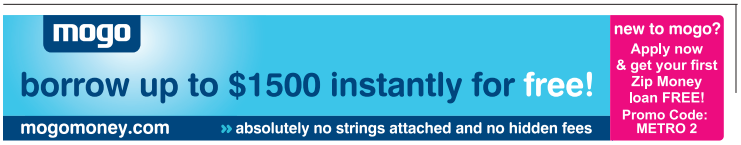
I recommend the accounts be joint with a parent with both having online access. Aside from just keeping an eye on things for the first year, a joint account makes deposits and transfers much easier. Students should pay their own cellphone bills, even if the money is coming from mom or dad. There's nothing like seeing and paying for the cost of going over minutes to rein in the chat.

There will be calls for financial help and a bailout now and then is OK. Just be prepared to draw the line if the outstretched hand becomes a permanent fixture.

Alison's Money Rule:

- Ease college and university students into independence by placing a gentle financial hand on their shoulders.

Alison Griffiths is a financial journalist, author and host of Maxed Out on the W Network. Write to her at alison@alisongriffiths.ca.



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What you need to know about

Calgary Corrections Awareness Week

Proclamation and Demonstrations

Wednesday, September 16, noon to 1 p.m.
At McDougall Centre, 455 - 6 Street SW

Join Fred Lindsay, Solicitor General and Minister of Public Security and Deputy Mayor Joe Ceci as they proclaim Calgary Corrections Awareness Week. Watch demonstrations by the Corrections Southern Regional Tactical Team and Chaz the drug dog.

Public Open Houses

Meet the staff, view the displays and learn about the programs and services that help offenders reintegrate into the community. The open houses welcome guests under 18 when accompanied by an adult. Refreshments will be served.

Tuesday, September 15, 1 p.m. to 7 p.m.

- Calgary Correctional Centre (11808-85 Street)
- Calgary Remand Centre (12200-85 Street)
- Calgary Young Offender Centre (12626-85 Street)

Thursday, September 17, 1 p.m. to 7 p.m.

- Adult Community Corrections, Calgary Attendance Centre and Calgary Youth Attendance Centre (3850 Manchester Road SE)

For more information about Solicitor General and Public Security, visit **solgps.alberta.ca**.

Government of Alberta ■

Your Money

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Claim renovation tax credit on 2009 filing

MoneyMatters

Q I would like to get some renovations done on my home: Re-shingling roof, new flooring, washer and dryer, new fence, snow removal, pool maintenance, window coverings, and painting. I don't want to spend several thousand dollars and discover it does not qualify for the tax credit. Please comment. — Eddie

A Homeowners must see if the job qualifies for the Home Renovation Tax Credit.

What: A home used as a principal residence would be eligible for the HRTC.

When: Expenditures incurred between Jan. 29, 2009, and Feb. 1, 2010.

How much: Expenditures must be between $1,000 and $10,000 for a maximum tax credit of $1,350. The credit reduces tax payable and will not result in a tax refund. Claim on 2009 tax filing.

Which: Expenses incurred qualify, provided the job is of an enduring nature that becomes a permanent part of the home.

Eligible expenses: Re-shingling, flooring, fence, window covering and painting.

Not eligible: Washer and dryer, snow removal and pool maintenance.

Henry Choo Chong, CGA, can be reached at choochonghcga@yahoo.ca.

For richer or poorer: Financial planning for same-sex couples

MARRIAGE The definition of marriage may have changed, with the recognition of equal rights for same-sex couples through the Civil Marriage Act in July 2005. But one thing that has not changed is the importance of working with your significant other to create a sound financial plan.

Marriage or any significant change in your relationship is a good time to review your finances and future plans.

"Gay, lesbian, bisexual, and transgender couples enjoy most of the same rights as opposite sex couples across the country, but there are some differences among the provinces that can affect your financial plan," says Patricia Lovett-Reid, senior vice-president, TD Waterhouse.

The experts at TD Waterhouse offer these planning ideas for GLBT couples:

- Develop a financial plan together to reflect your new family situation
- If you have a young child, review the child's education saving plan
- Make sure your wills are prepared or updated
- Have continuing powers of attorney
- Consider joint registration of assets
- Beneficiary designations — naming your partner the beneficiary of your pension or registered plans
- Review your life, disability and critical illness insurance
- Consider using a domestic contract to determine how assets are to be distributed on divorce or death

Same-sex couples enjoy most of the same rights as opposite sex couples, but there are differences among the provinces.

NEWS CANADA

6 ways to pay less for insurance

Insurance and claims expert Wayne Ross from Aviva Canada suggests looking into a few key factors before buying a home:

1 Location: If you live in a neighbourhood with a low crime rate you'll pay a lower premium

2 Proximity to fire protection: Homeowners that live close to a fire hydrant or fire station will pay lower premiums due to decreased fire risk

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Players agree to donate brains

Three active NFL players are joining former players in agreeing to donate their brains after death to a Boston University medical school program that studies sports brain injuries. Researchers will study the players' brains and spinal cord tissue to better understand the effects of concussions. THE ASSOCIATED PRESS

Sports

Urlacher out for season

Chicago Bears linebacker Brian Urlacher, left, will miss the rest of the season after undergoing surgery to repair his dislocated right wrist — a major blow for a team with high expectations. The 10-year veteran apparently was injured in the first quarter of Sunday's 21-15 loss at Green Bay making a tackle on Packers running back Ryan Grant. THE ASSOCIATED PRESS

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Sports in brief

CANADIAN GP The stage is set for Formula One's return to Montreal next year. Grand Prix F1 du Canada Inc., and F1's governing body yesterday reached a settlement in their financial dispute. An announcement that Montreal is back on the F1 schedule is reportedly "forthcoming."

APOLOGY Serena Williams apologized yesterday for what she called her "inappropriate outburst" during her semifinal loss to Kim Clijsters at the U.S. Open. Williams was short on contrition in the post-match news conference after her profanity-laced, finger-pointing tirade at a lineswoman Saturday night.

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Del Potro wins shocker

No. 6 seed upsets Roger Federer in U.S. Open men's final

Normally so cool, so consistent, so in control of his emotions and his matches, Roger Federer let the U.S. Open championship slip from his grasp.

Two points from victory against inexperienced, unheralded Juan Martin del Potro of Argentina, two points from a sixth consecutive title at Flushing Meadows and a record-extending 16th Grand Slam overall, Federer, quite simply, fell apart yesterday. He railed at the chair umpire. His legs grew weary. His double-faults mounted. He could not figure out a way to stop the 6-foot-6 del Potro from pounding forehand after forehand past him. In a result as surprising for who lost as how it happened, the sixth-seeded del Potro came back to win his first Grand Slam title by upsetting the No. 1-seeded Federer 3-6, 7-6 (5), 4-6, 7-6 (4), 6-2.

Juan Martin del Potro

Clijsters moves into top 20

• Kim Clijsters moved into the top 20 in the women's rankings yesterday, one day after winning the U.S. Open in her comeback.

The 26-year-old moved into 19th in the WTA rankings. She had been unranked following her 2½-year retirement.

"Can't have them all," Federer said.

He had won 40 consecutive matches at Flushing Meadows. He had won 33 of his previous 34 Grand Slam matches. And he has made the final at 17 of the past 18 Grand Slam tournaments, 21 overall.

Del Potro? This was the 20-year-old's first Grand Slam final, and he was 0-6 against Federer until now. But after handing Rafael Nadal the most lopsided loss of his Grand Slam career in the semifinals Sunday, del Potro came back the next day and rattled Federer.

Del Potro never seemed intimidated by the setting or the man many consider the greatest tennis player in history.

The four-hour, six-minute match was the first U.S. Open final to go five sets since 1999, and there were no early signs to indicate it would be this competitive — much less end with del Potro down on his back, chest heaving, tears welling, a Grand Slam trophy soon to be in his arms. He is the first man from Argentina to win the U.S. Open since Guillermo Vilas in 1977.

Vilas was in the stands yesterday, sitting one row behind Jack Nicklaus.

THE ASSOCIATED PRESS

m.metronews.ca

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Learn how to scan the barcode with the instructions at the top of pg 3

Patriots rally, beat Bills late

NFL RESULTS

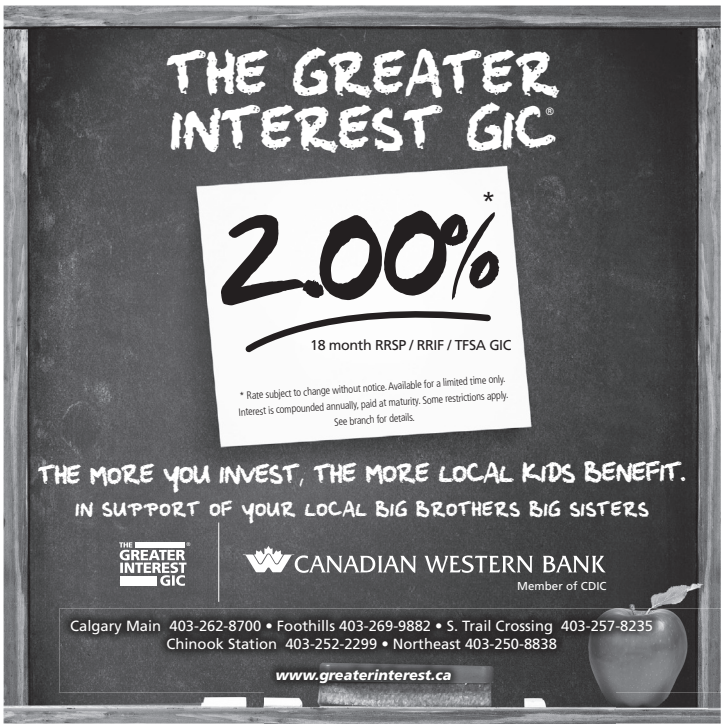
Buffalo 24 New England 25

FOOTBALL Back on centre stage, Tom Brady acted like the NFL's biggest star.

It seemed to take forever, though.

A year after being sidelined with torn knee ligaments, Brady resembled a rusty game manager more than the invincible quarterback who guided the Patriots to a perfect 2007 regular season. Yet, he threw two touchdown passes in the final 2:06 as New England beat the Buffalo Bills 25-24 last night. When the spotlight hit, Brady lived up to the advance billing. But he needed help in the form of Leodis McKelvin's fumble on a kickoff return after the Patriots pulled within five points.

Placekicker Stephen Gostkowski, of all people, recovered at the Buffalo 31. Brady needed three plays before hitting Benjamin Watson over the middle for the decisive 16-yard touchdown with 50 seconds to go. THE ASSOCIATED PRESS



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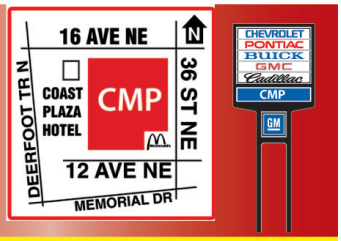

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McNabb may not be ready for Week 2
Donovan McNabb is uncertain for Philadelphia's game against New Orleans next Sunday because of a cracked rib. Kevin Kolb would start if McNabb can't play. Michael Vick is suspended until Week 3. THE ASSOCIATED PRESS

Ovie works to help kids realize dreams

RAF BRUSILOW
for Metro Canada

Scoring impressive goals may be his day job, but helping kids achieve their hockey dreams is just as important for Alexander Ovechkin.

The big-hearted star of the Washington Capitals is not afraid to put his money — and his time — where his mouth is when it comes to giving kids a hockey boost.

Ovechkin was at the Hockey Hall of Fame in Toronto recently to promote a contest that will see him travel to a winning Canadian hockey town to run a practice session for a local kids' hockey team and present a donation of $8,000 from Energizer to pay for the team's expenses like equipment, ice time and jerseys.

Ovechkin also runs his own charity called Alex Ovechkin's Crazy 8s which buys tickets to every Capitals home game for deserving kids and also invests his time regularly to run skills clinics for budding hockey players.

"My parents gave me everything. I see how happy they are for me and it feels great." Alexander Ovechkin

For Ovechkin it's all about putting kids on the ice regardless of their circumstances and he says anything he can do right now is just the tip of the iceberg.

"I just want to help kids to live their dream — this is just the beginning of my charity work," Ovechkin said.

His parents supported his love of athletics when he was young, taking him to soccer fields, basketball courts and eventually to hockey rinks. He says the best part of his success now is seeing his parents enjoy it.

"My family (motivated me). My parents gave me everything. I see how happy they are for me and it feels great," Ovechkin said.

On the flip side, Ovechkin suggests kids themselves should be the ultimate arbiter of just how much hockey becomes a part of their young lives. The last thing he wants to see is overbearing parents pushing their youngsters through the sport to fulfill their own long-lost hockey aspirations.

"The most important thing for kids and hockey is that it's all about them ... kids have to want it," he said.

Ovechkin feels compelled to use his good fortune to make a difference in other people's lives.

"I just like to help people. I think I'm a lucky guy and that way I feel have to help people. If you have a chance to do something, you have to," he said.

Sports in brief

CHARGED Famed amputee runner Oscar Pistorius has been charged with assaulting a 19-year-old woman at a party he hosted. Pistorius was reportedly arrested Saturday after he tried to intervene in a lover's tiff. The woman had been fighting with her boyfriend outside the house. The South African Press Association reports she later began kicking Pistorius's front door. Pistorius reportedly opened the door to tell her to stop and when he closed it, the woman was hit on the leg.

BASEBALL Marco Scutaro's second error of the game allowed Brandon Inge to score from second base in the bottom of the 10th inning, and the Detroit Tigers rallied to beat the Toronto Blue Jays 6-5 last night. Pinch-hitter Aubrey Huff belted a tying three-run homer in the ninth and Ryan Raburn also went deep for the American League Central-leading Tigers.

POLAMALU Pittsburgh Steelers safety Troy Polamalu doesn't need knee surgery and says "the best case scenario" is that he will be back in three to six weeks as expected. Polamalu is one of the NFL's best defensive players. He tore the medial collateral ligament in his left knee in Thursday's win over Tennessee.

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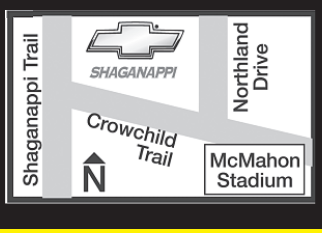

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Mirror, Mirror on the wall
Who spends more time looking at themselves: Canadian or American women? It looks like our neighbours log more mirror time each day, according to statistics from global market researcher Synovate. BEST HEALTH MAGAZINE

Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

We all need more hugs

Stop punishing teens for this most healing human gesture

There is a frightening trend spreading amongst today's teenagers. No, I'm not talking about texting each other naked pictures, surfing porn online or even having sex before they learn to drive.

The alarming teenage behaviour that has caused such concern in some U.S. schools that it has been banned is — wait for it — rampant hugging.

Yes, you read that correctly.

Seems hugging is all the rage among teenagers these days. According to a recent Toronto Star article on the "phenomenon," they hug each other to express everything from "hello," "goodbye," or even "hey, it's recess!"

Girls hug each other sideways, putting their arms abound each other shoulder's and press themselves cheek-to-cheek in utter glee. The surprise hug comes from behind and usually is followed by squeals of laughter and joy. Guys even hug their guy friends, a behaviour that, in my day, would have resulted in ridicule at best and, at worst, something I can't repeat in a family paper.

While no Canadian schools have yet gone so far as to ban hugging, the article quotes Kate Dickson, an English teacher at the Toronto School of Liberal Arts who says she requests at least "a ribbon of daylight" between hugging students.

Visit Josey's Sexcetera blog at metronews.ca/blog

Another school in Edmonton is discouraging its students from hugging, supposedly to stop the spread of H1N1 flu. Right.

Am I the only one who thinks this is absurd? Not only are hugs awesome, they are actually good for you.

Hugging is powerful. Hugging releases oxytocin, the brain's bonding chemical. Studies going back as far as the 1930s have shown that people who did not receive adequate cuddling and touch as newborns later suffered both mentally and physically, even if all other basic needs were met. Others have shown that old folks who don't get hugs may become senile faster and die sooner.

Maybe instead of banning hugging among teens, we should encourage it more among adults. Hugging your partner several times a day would help keep you connected and your relationship stronger, especially when life gets in the way and we literally and figuratively lose touch with each other.

I say do yourself a favour and hug someone today, will ya?

TARA WALTON/TORSTAR NEWS SERVICE

Friends Julia Chachura (13), Sarah Jasion (13) and Melanie Ridler (13) share a hug — a gesture some U.S. schools have banned.

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

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Rosh Hashanah

One of the "seven species" of foods native to biblical Israel, the pomegranate was a key element of Rosh Hashanah — the Jewish new year, starting Friday this year — centuries before promotion of suspected health benefits splashed the juice into all manner of smoothies, cocktails and other drinks. THE ASSOCIATED PRESS

Food

As of June, there were more than 1,800 food and drink products that contained pomegranate seeds or juice, says Tom Vierhile a director at market research firm DataMonitor.

THE ASSOCIATED PRESS

Compare

Now look at that number in contrast to four years ago: In 2005, there were just 258 products that contained the fruit's seeds or juice.

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Mediterranean morsels

Greek Pasta Bake

SERVES 4

INGREDIENTS:

- 1/2 lb (250 g) ground beef
- 1/2 lb (250 g) ground lamb
- 1 large onion, chopped
- 4 garlic cloves, minced
- 3 tsp (15 ml) dried oregano
- 1 tsp (5 ml) dried basil
- 1/2 tsp (2 ml) salt
- 1/4 tsp (1 ml) pepper
- 1/4 tsp (1 ml) dried thyme
- 1 can (14 oz /398 ml) tomato sauce
- 1 can (14 oz /398 ml) diced tomatoes, undrained
- 1 tbsp (15 ml) lemon juice
- 1 tsp (5 ml) sugar
- 1/4 tsp (1 ml) ground cinnamon
- 2 cups (500 ml) uncooked rigatoni or large tube pasta
- 4 oz (113 g) feta cheese, crumbled

METHOD:

In large skillet, cook beef and lamb over medium heat until no longer pink; drain. Stir in onion, garlic, oregano, basil, salt, pepper and thyme; mix well. Add tomato sauce, tomatoes and lemon juice.

Bring to boil. Reduce heat; simmer, uncovered, 20 minutes, stirring occasionally. Stir in sugar and cinnamon. Simmer, uncovered, 15 minutes longer.

Meanwhile, cook pasta according to package directions; drain. Stir into meat mixture. Transfer to greased 2-qt. (2 l) baking dish. Sprinkle with cheese.

Cover and bake at 325 F (160 C) 45 minutes. Uncover; bake 15 minutes longer or until heated through.

Greek Pasta Bake

Mediterranean Chicken with Olives

SERVES 4

INGREDIENTS:

- 2 tbsp (25 ml) olive oil
- 2 onions, roughly chopped
- 2 garlic cloves, crushed
- 1 tbsp (15 ml) chopped fresh rosemary
- 1/4 oz (40 g) chorizo sausage, skinned and diced
- 2 large red peppers, deseeded and roughly chopped
- 1/3 cup (75 ml) sun-dried tomatoes, roughly chopped
- 14 oz (398 ml) can chopped tomatoes
- 1/4 cup (50 ml) dry white wine
- 4 skinless chicken breast fillets or large thighs
- 1/3 cup (75 ml) pitted olives (black, green or both)

METHOD:

Heat oil in large, heavy flameproof casserole dish or deep frying pan. Add onions, garlic and rosemary and cook gently, stirring frequently, 15 minutes until soft and golden.

Add chorizo and peppers and cook over medium heat, stirring frequently, for a couple of minutes or until sausage turns slightly golden.

Add sun-dried tomatoes, canned tomatoes with their juice and wine. Season with freshly ground black pepper, then stir well and bring to simmer.

Add chicken and stir to coat with sauce. Bring to boil, then reduce heat so sauce simmers. Cover and cook 25–30 minutes until chicken is tender and sauce is thick.

Just before serving, stir in pitted olives and cook just long enough to heat through.

Mediterranean Chicken with Olives

rd.ca
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The Fab Two

I probably should have been out raking leaves or something, but I spent this past weekend with four old friends: John, Paul, George and Ringo. Yes folks, I was one of the foolish who bought The Beatles' new boxed CD set — in mono no less.

As a big fan I just couldn't resist giving the Fab Two (and the family members of the other guys) more of my hard earned money. And while I may not be a professional music critic, the new discs sound pretty darn amazing.

To enhance the experience of rediscovering each album, I needed a wine that begged to be sipped and savoured. **Masi's 2006 Campofiorin ($17.45 - $19.99)** was a perfect match for a few reasons.

While the red Italian from Veneto shows off lots of fruit (think plum and raisin) that tastes terrific without food; it's sort of a remastered version of **Masi's Bonacosta Valpolicella Classico ($15.45 - $16.99).** A wine that's 2007 vintage is as light and cherry-filled as ever.

As a ripasso wine Campofiorin's flavour profile comes from its juice being passed over the guck left in the vats after the Valpolicella's fermentation. It comes out richer and rounder — just like my new CDs.

Prices reflect the range across the country. Some products may not be available in all provinces.

Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Teen bites the dust

Megan Fox devours actor in horror comedy Jennifer's Body

CHRIS ALEXANDER
for Metro Canada

With his boyish good looks and stocky physique, it's a no brainer that Alberta-born actor Josh Emerson would be a hit with the ladies and in his latest film, he lives out the fantasy of every teenage boy in America: Locking lips with cutie de jour, Megan Fox.

Unfortunately for his character however, said kiss is simply foreplay to having his intestines gorily devoured by Fox's comely but cannibalistic demon cheerleader.

Emerson is indeed one of the stars of the heavily hyped horror comedy Jennifer's Body, the latest peek into teen agony from Oscar winning screenwriter Diablo Cody (Juno) and starring Fox as the titular, occasionally toothy, babe. Jennifer's Body is one of two high profile genre films to feature the up-and-coming performer this year, the other is the Adam Sandler produced The Shortcut and, although his star has been slowly rising for years, it seems Emerson's fortunes have changed radically.

Jennifer's Body is in theatres this Friday

DOANE GREGORY

Best friends Jennifer (Megan Fox, left) and Needy (Amanda Seyfried) enjoy an evening together at a local bar — unaware that it will forever change their lives.

"Someone told me once that every overnight success takes ten years," says the young actor.

"Things are definitely happening for me but it's been a long process to get to wear I am now. After graduating, I just went from audition to audition, getting better and better projects. So it's been a long haul."

Emerson has the distinction of being the first classmate devoured by the newly evil Jennifer, in a gory, absurd outdoor sequence that makes a visceral impact. And certainly, getting that close to Fox, was equally impactful for the actor.

"Oh man, she's Megan Fox, what can I say?" he says, almost shyly.

"She's gorgeous, yeah, but she was also totally professional and, I think that when people see her in this, they'll be amazed at just how good of an actress she really is."

After the buzz for Jennifer's Body dies down, Emerson will go back to his beat of auditioning and trying to take his craft to the next level. Chiefly, he's launching an unofficial campaign to nab the role of the villainous Venom in the next Spider-Man film.

"I have been obsessed with that character for years. As far as I'm concerned I have to be Venom, it's fate."

Boyle to cover Stones on America's Got Talent finale

A 75-year-old comedian, five tap-dancing sisters, a contorting breakdancer and a drum quartet faced off last night against six vocal acts during the final competition on America's Got Talent.

But whoever is named the winner on Wednesday night's show may find their moment in the spotlight is overshadowed by the appearance of a celebrity guest.

It was announced yesterday that Susan Boyle will perform the Rolling Stones classic Wild Horses during the show.

Boyle's debut album, I Dreamed a Dream, which she's been working on with producer Steve Mac, will be released on Nov. 24.

Other star performers slated for the two-hour show include Shakira, Leona Lewis as well as Rascal Flatts and the Cirque du Soleil.

As for the America's Got Talent finalists, judges Piers Morgan and David Hasselhoff had indicated who their favourites were prior to last night's broadcast.

Morgan deemed opera singer Barbara Padilla "the red-hot favourite" to win the show's $1 million US prize and chance to headline a Las Vegas show.

Hasselhoff picked the Texas Tenors, a trio of cowboy-hat-wearing men from Houston, as "the front-runner to win this competition."

Viewers of America's Got Talent have until to vote on the finalists via through phone, email and text message.

• The winner of America's Got Talent will be revealed during a live show on Wednesday night.

THE ASSOCIATED PRESS

A/W HARGRAVE/SYCO MUSIC

Susan Boyle arrives in Los Angeles ahead of her appearance on America's Got Talent.

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PR Card & Citizenship Applications
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Kylie's ABBA dream come true

Kylie Minogue fulfilled her lifelong dream by performing alongside Benny Andersson at an ABBA tribute concert Sunday night at the show in London's Hyde Park. She was joined by Andersson for a rendition of When All Is Said and Done. FEMALEFIRST.CO.UK

More sarcasm in the mix

McHale extends Soup humour to NBC's new sitcom Community

AMBER RAY
Metro World News

Joel McHale, host of The Soup, throws snarky one-liners at the vapid reality stars his show lampoons with uncanny ease. That whip-smart sarcasm and wry sense of humour is lent to his character in the new NBC sitcom Community.

As Jeff Winger, McHale is a smarmy defence attorney attending community college since the recent revocation of his law degree.

But even with classes to attend and study groups to mismanage, McHale isn't throwing in the towel — or the mankini — on The Soup just yet.

Q Will starring in Community hurt your street cred and your ability to make fun of other shows on The Soup?

A We don't poke fun at things that are on purpose funny. So we don't ever have clips from the late night talk shows. We don't ever have a moment from shows that were intentionally funny. I'll show clips from Community to promote the show on The Soup. I will be shameless about that. Since I'm not hosting a reality show — or a contestant on one — I don't think they'll be any conflict.

Q So did you just find yourself not busy enough working on The Soup that you decided to star in a sitcom, too?

A Yeah, I said, "I have a wife and kids, why do I want to spend time with them?" Actually, The Soup doesn't take up as much time as you would think because I can do a lot of it at home — watch television and write jokes. Community has really been the most time-consuming thing I've ever done next to shooting movies and guest-starring roles.

ANGELA WEISS/GETTY IMAGES

The Shoup host Joel McHale points to a Community poster during a Paley Fest event in Beverly Hills, Calif.

Q How much of either show is improvised?

A With The Soup, we write it all out because you have to be regimented to 22 minutes. But then within shooting the show I add all sorts of stuff. And then with Community, there's improvising in it because the cast are all really good at improvising, but the stories and characters are so strong that we don't do a ton of it.

Q You previously starred in another sitcom, The IT Crowd, that never quite made it to the air. What makes Community different?

A With The IT Crowd specifically, that was a four-camera show with an audience, so it's totally different in that way. Community is shot like 30 Rock with a single camera. The IT Crowd was also a mid-season replacement, so it wasn't the show that (NBC) was trotting out. The regime change at NBC happened right after the upfronts that year, so it was already kind of done — the network wasn't really as into it as they were their other shows. Community is one of two comedies they picked up (this year). I can't believe how fortunate of a slot we got.

• Community premieres Thursday 10:30 p.m. on Citytv.

Oprah on sidelines in team Obama

POLITICS Oprah Winfrey may have been instrumental in getting Barack Obama elected president, but now claims she's on the sidelines. "I have not said one thing about this political situation and don't intend to," Winfrey said. "Everybody knows that I was a big campaigner for Obama and I still am. I think he's doing a great job. I think that it's the toughest job in the world with the economy and health care and all of that."

Winfrey made her comments Sunday night at the premiere of Precious at the Toronto International Film Festival. Winfrey is the executive producer of the movie, adapted from Sapphire's novel Push.

THE CANADIAN PRESS

In brief

CELEBRITY Comic Ray Romano is going to the golf doctor. The Golf Channel says that the Everybody Loves Raymond star will be the focus of its new reality series The Haney Project. The series follows Tiger Woods' swing coach Hank Haney as he tries to improve the game of a celebrity.

CONCERT Some fans got carried away and extra police had to be called in near Winnipeg's MTS Centre late Sunday night after a concert by shock-rocker Marilyn Manson. Winnipeg police blocked off Portage Ave. and called in for backup as rowdy fans poured out of the stadium.

CELEBRITY Whitney Houston says ex-husband Bobby Brown was emotionally abusive during their marriage and at one point spit on her. After a long absence from music, Houston is staging a career comeback with a new album last month and a two-part appearance on The Oprah Winfrey Show.

COURT The American Civil Liberties Union has asked a federal judge to release Survivor winner Richard Hatch, arguing that he was put back in jail in retaliation for criticizing the government.

THE ASSOCIATED PRESS

CA	Vu	SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
9/15/09 primetime	267	351 - ACCESS	Alberta Primetime (Live)		Monk		*Meet the Fockers* ★★ (2004, Comedy) Robert De Niro.				Primetime
	243	317 3 CFCN	etalk	Hollywood	So You Think You Can Dance Canada			Big Bang Th	Law & Order: SVU		CTV News
	-	- 4 OMNI	Two/Half Men	The Simpsons	Omni News: S. Asian Edition		Omni News: Cantonese Edition		The Simpsons	King	Metropia
	-	371 5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Shark Tank		Shaq Vs. (N)		Primetime
	245	306 6 CBRT	Wheel-Fortune	Jeopardy! (N)	Super Spellers (N)		Being Erica (DVS)		CBC News: The National		The Hour
	244	338 7 CICT	ET Canada	Entertainment	NCIS "Aliyah" (HDTV)		(9:01) Big Brother 11 (Season Finale)				News Hour
	246	- 8 CKAL	Law & Order: SVU		The Jay Leno Show (N)		The Biggest Loser (Season Premiere) (N)				Your City
	119	705 9 CBXFT	Virginie (SC)	La Facture	Providence (HDTV) (N) (SC)		Aveux (HDTV) (N) (SC)		Le Téléjournal Nouvelles. (SC)		TJ Alberta
	-	- 10 SHAW	(6) Local Programming						Local Programming		
	-	372 12 KREM	News	Hollywood	The Doctors		NCIS "Aliyah" (HDTV)		(10:01) Big Brother 11 (Season Finale)		
	-	374 14 KSPS	NewsHour With Jim Lehrer		The Brain Fitness Program			Celtic Thunder -- Take Me Home			*Note by Note*
	502	390 15 CBC	CBC News: The National		The Hidden Face of Fear		CBC News: The National		CBC News: The National		Face of Fear
	-	370 16 KHQ	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	The Biggest Loser (Season Premiere) (N)				Jay Leno Show
	-	373 22 KAYU	The Simpsons	Raymond	Two/Half Men	Two/Half Men	More to Love Luke proposes to one woman. (N)				News
	297	652 37 WPIX	Melrose Place (N)		PIX News at Ten Tong.		Two/Half Men	Friends	Friends	According-Jim	Family Guy
news	500	500 29 CNN	Larry King Live (N)		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	508	502 31 CNN2	Jane Velez-Mitchell		Nancy Grace		Showbiz Tonight		Jane Velez-Mitchell		Nancy Grace
sports	400	400 21 TSN	MLB Baseball		SportsCentre (HDTV) (Live)			Off the Record	2009 World Series of Poker		World Series
	408	418 27 net	MMA Conn	Sportsnet Con.	MLB Baseball Pittsburgh Pirates at Los Angeles Dodgers. (HDTV) (Live)						Sportsnet Con.
	410	403 30 SCORE	X-Fighters		24/7	Score Now	Score Now		Score Now		Score Now
	411	457 44 OLN	Survivorman		Ghost Hunters		Bounty Hunter	Bounty Hunter	Survivorman		Ghost Hunters
	417	406 48 SPEED	Super Bikes!	Super Bikes!	Jacked!	Jacked!	Pimp My Ride	Pass Time	Monster Jam (HDTV)		Super Bikes!
family	552	543 20 YTV	iCarly	iCarly	Drake & Josh	Prank Patrol	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz
	557	541 39 FAM	Zoey 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
	555	545 67 TOON	Jimmy Two	Johnny Test	Scooby-Doo	Total Drama	Total Drama	6TEEN	Futurama	King of the Hill	American Dad
cable variety	575	583 11 CMT	According-Jim	According-Jim	Home Improve.	Home Improve.	CMT on Tour		Reba	Reba	According-Jim
	553	546 17 TREE	Little Bear	Maggie-Beast	Babar	Zigby	Max & Ruby	Dragon (DVS)	Backyardigans	Ni Hao, Kai-lan	Go, Diego, Go!
	505	398 19 TWN	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	602	568 23 W	House-Sell	Style by Jury	Old Christine	Friends	Friends	Grocery Bag	Style by Jury	Style by Jury	Good Naked
	521	560 24 TLC	18 Kids-Count	18 Kids-Count	Dancing Tweens (N)		18 Kids-Count	18 Kids-Count	Dancing Tweens (HDTV)		Jon & Kate
	603	561 25 FOOD	Hell's Kitchen		Good Eats	Good Eats	Iron Chef America		Unwrapped	Unwrapped	Hell's Kitchen
	615	520 26 A&E	The First 48 (HDTV) (N)		The Cleaner (N)		The Cleaner (HDTV)		The First 48 (HDTV)		The First 48
	617	522 32 SHOW	Trailer Park	Trailer Park	The Outer Limits		*Destination: Infestation* (2007, Suspense)				Bones
	601	562 33 SLICE	Wedding SOS	Wedding SOS	Bulging Brides	Bulging Brides	ET Canada	What Happen?	Biggest Loser Australia		Average Joe:
	-	633 34 ENC2	(7:05) *The Goodbye Girl* ★★★ (1977, Romance-Comedy)				*Gone With the Wind* ★★★★ (1939, Romance) Clark Gable, Vivien Leigh.				
	520	505 35 DISC	Destroyed	Destroyed	After the Catch (N)		Daily Planet		Destroyed	Destroyed	After the Catch
	620	523 36 BRAVO	Suzie LeBlanc Musical Quest		Garrett Mason	Très Portugal	Law & Order		Without a Trace		*The Fallen Idol*
	294	650 40 WPCH	MLB Baseball: Mets at Braves		Seinfeld	Family Guy	Family Guy	House-Payne	*L.A. Confidential* (1997, Crime Drama)		
	626	547 41 COM	Just for Laughs		Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	House Party
	-	539 42 TCM	(6) *The Trouble With Harry*		*The Man Who Knew Too Much* (1956, Suspense)				(10:15) *Vertigo* (1958, Suspense)		
	628	584 43 SPIKE	Surviving Disaster "Fire"		Surviving Disaster "Hurricane"		Surviving Disaster "Hurricane"		(10:03) Surviving Disaster		Amazing Video
	522	516 45 HIST	Ultimate Engineering		Ancient Discoveries		Cities of the Underworld		Cities of the Underworld		Engineering
	627	528 46 SPACE	Torchwood		Torchwood (Season Finale) (N)		Stargate SG-1 (DVS)		Star Trek: Next Gener.		Trek: Voyager
	-	- 47 AMC	(6) *The Firm* ★★★ (1993, Drama) Tom Cruise, Jeanne Tripplehorn.					*The Fly* ★★★ (1986, Science Fiction) Jeff Goldblum.			
	619	525 49 TROP	Prod. Parker	Prod. Parker	'70s Show	'70s Show	The Outer Limits		ET Canada	Switch	Family Guy
	600	564 50 HGTV	SarahCottage	Genevieve	House Hunters	House Hunters	Holmes on Homes		SarahCottage	Genevieve	HGTV's Top 10
	501	391 52 CTV	CTV News Tonight		News	CTV News	News	CTV News	News	CTV News	News
	504	508 70 BNN	Squeeze Play		Business News	Commodities	Market Call Tonight		Headline	Commodities	Squeeze Play
	526	507 92 VIVA	The Closer		Da Vinci's Inquest		Psychic Inv.	Encounters	Judging Amy		Missing
	269	350 93 APTN	Fish Out of	Mixed Blessing	Cashing In	Rabbit Fall	First Nation	Moose TV	Caution: Nuts	Moccasin Flats	Short Cuts (N)
	-	- 94 MCP	World News	News	Banquet	Kingdom-Wind	Il Caffe		In Germany	Euromaxx	Schauplatz
	571	581 100 MMM	Wild 'n Out	Wild 'n Out	High School Reunion		The Daily Fix		Wild 'n Out	Wild 'n Out	H.S. Reunion
	570	580 101 MM	Starmaker		MuchNews	My Date With...	One Tree Hill		Starmaker		MuchNews
	581	566 102 MTV	MTV Cribs	Daddy's Girls	Daddy's Girls	MTV Cribs	MTV Live	After	16 and Pregnant		Daddy's Girls
	-	- 116 TV5	Sur les pas de Jules Verne		Expression	Montre-moi	TV5 Le Journal	Papillon		Comme chez	Mixeur

critics'corner

The Hidden Face of Fear
We all know what it feels like to be afraid, but why does it feel that way? In this new documentary, neuroscientists and psychologists explain what goes on in the brain in response to frightening situations, focusing on three New Yorkers being treated for post-traumatic stress disorder in the wake of the 9/11 attacks. It also explores how the brain might be "rewired" to prevent PTSD. 8 PM on CBC

Live at the Rehearsal Hall
Singer-songwriter k.d. lang takes the stage in this episode performing songs from her album "Watershed." Released in February 2008, it's her first collection of original material since "Invincible Summer" in 2000 and features the single "I Dream of Spring." 6 PM on BRAVO

Being Erica
Got tissues? You may need them for this episode. Of all the regrets that Erica (Erin Karpluk) has about her life to date, the biggest one has to do with the death of Leo, her brother. This trip back in time leads her to learn the hard way that trying to change the past has huge consequences for the future. Devon Bostick, Michael Riley and Tyron Leitso also star in "Leo." 9 PM on CBRT

Kenya's Style

Kenya Hunt

Read the blog at metronews.ca/kenyasstyle

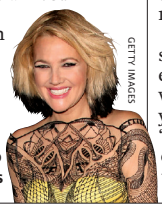
For complete online movie listings, trailers, reviews and tickets, visit:
metronews.ca/movies

Robbie the reality hound
Singer Robbie Williams is such a huge fan of reality TV, he'd like to become a part of it. "I really like I'm A Celebrity... Get Me Out Of Here! It'd be fun to go on," he said, according to the Sun, and added he'd like to visit the Real Housewives set to see how it's made. METRO NEWS SERVICES

Celebrity Buzz

Drew and Justin back on again

REUNION Drew Barrymore and Justin Long appear to be back on once again. Before Barrymore hit the Toronto International Film Festival, the pair was spotted enjoying an intimate meal at Brick Lane Curry House in New York City, where they arrived without a reservation and went unnoticed, a source tells People.


GETTY IMAGES

METRO WORLD NEWS

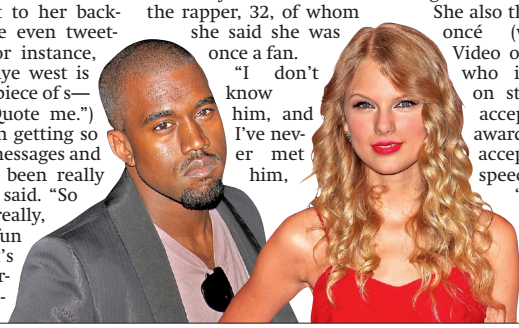
Kanye's sorry for knocking Taylor at VMAs

EATING HIS WORDS After Sunday's MTV Video Music Awards — during which Kanye West brazenly interrupted Taylor Swift's Best Female Video acceptance speech to say that Beyoncé deserved to win — Swift spoke to reporters about the incident, us-magazine.com reports.

"Well, I was standing on stage because I was really excited because I had just won the award," the 19-year-old singer began. "And then I was really excited because Kanye West was on stage. And then I wasn't so excited anymore after that."

After the bizarre incident, she said celebs reached out to her backstage. (Some even tweeted; Pink, for instance, wrote: "Kanye west is the biggest piece of s— on earth. Quote me.")

"I've been getting so many text messages and everybody's been really nice," Swift said. "So I've had a really, really fun night. It's been interesting definitely. It's definitely been an interesting night."



She said she doesn't have any ill will toward the rapper, 32, of whom she said she was once a fan.

"I don't know him, and I've never met him, so..." she said. "I don't want to start anything because I had a great night tonight."

She also thanked Beyoncé (who won Video of the Year), who invited her on stage as she accepted her award to give an acceptance speech.

"They told me to stand by the side of the stage, and I didn't really know what was going to go down," she said. "But I thought it was so wonderful and gracious of her to do what she's always done."

West was also quick to take to his blog to apologize for ruining Taylor Swift's acceptance speech.

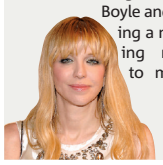
"I'm sooooo sorry to Taylor Swift and her fans and her mom," West wrote after the ceremony. "I spoke to her mother right after and she said the same thing my mother would've said. She is very talented."

METRO WORLD NEWS

Celebrity tweets

Josh Groban weighs in on the Kanye West VMAs controversy, Courtney Love goes after an accountant she feels has done her wrong, Pete Wentz takes his VMA loss in stride, and Diablo Cody had some quiet time away from home.

- @joshgroban Kanye, congratulations, i'm going to let you finish...but SOYBOMB HAD ONE OF THE BEST LAME INTERRUPTIONS OF ALL TIME! OF ALL TIME!
- @courtneylover79 just found the taxes you did when you refinanced Kim Cobain's and Wendy Cobain's property and this ought to be fun since my tax lawyer is INSANE.
- @petewentz If u gotta lose one green day is the band to do it to. Honored to be even in the same sentence. Congrats.
- @diablocody I may or may not be alone in a hotel room, listening to Susan Boyle and applying a nourishing masque to my hair.



METRO WORLD NEWS

Elton's adoption hits red tape

WILL HE PULL A MADONNA? Singer Elton John and his longtime partner David Furnish won't be able to go home with the Ukrainian orphan they want to adopt, a Ukrainian family minister said Monday — citing a national law that prohibits unmarried couples from adopting, the Associated Press reports.

John and Furnish entered into a civil partnership on Dec. 21, 2005, the first day such unions became legal in England. John, 62, met toddler Lev while touring an orphanage where many of the children's parents have died from AIDS, people.com reports.

"I would love to adopt him," John said over the weekend. "I don't know how we do that but he has stolen my heart. And he has stolen David's heart and it would be wonderful if we can have a home."

Ukrainian laws are very strict when it comes to adoption. Not only do the laws ban same-sex couples from adopting, they also state that parents cannot be more than 45 years older than the child. Their only hope would be a presidential dispensation to adopt the 14-month-old.

According to the country's law, should Ukrainian President Viktor Yushchenko grant John and Furnish's wish, the pair would also have to adopt Lev's brother, who is also in care.

METRO NEWS SERVICES

Comic fan ScarJo clears house

THE COMIC BOOK GUY'S DREAM Scarlett Johansson is planning a superhero clear-out of her house, femalefirst.co.uk.

The actress plays Russian spy Black Widow in the upcoming Iron Man 2, while her husband Ryan Reynolds starred as villain Deadpool in the X-Men franchise. Between the two, Johansson admits their house is cluttered with comics.

She said: "There is a lot of superhero stuff going on for us at the moment ... It's fun to get into that whole world together even if there is quite a stack of comic books taking up space!"

Still, the 24-year-old blonde star is keen to reprise her Marvel role.

She recently said: "The Black Widow has many different incarnations and different storylines so I'm hoping she will be able to continue in that way."

METRO NEWS SERVICES

No more Mr. Nice Director

SOURPUSS Guy Ritchie will never make a "nice" movie, femalefirst.co.uk reports. The Sherlock Holmes director likes his films to have action and conflict, so he'll never play it safe.

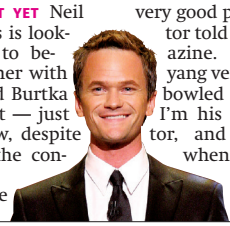
He said: "A nice theme about something nice with people being nice towards one another is just f—ing boring."

"There's no conflict, and movies thrive on conflict and contrast. I must add that I've only been sitting on this theory for two hours."

METRO NEWS SERVICES

No baby now, but soon: Neil

SOON BUT NOT YET Neil Patrick Harris is looking forward to becoming a father with partner David Burtka at some point — just not right now, despite rumours to the contrary.



"We'd make very good parents," the actor told New York magazine. "We yin and yang very well. I'm just bowled over by him. I'm his forever protector, and I'm happiest when he's happy."

METRO WORLD NEWS

Mischa on a short leash

THE SPOTLIGHT Since her hospitalization over the summer, producers on The Beautiful Life have been keeping an eye on Mischa Barton, and she isn't enjoying the extra attention. "All I can do is smoke cigarettes," Barton complained to a co-worker, according to Page Six.

Barton had planned to "party responsibly" over the weekend with co-stars and friends, including the show's producers, Ashton Kutcher and Demi Moore.

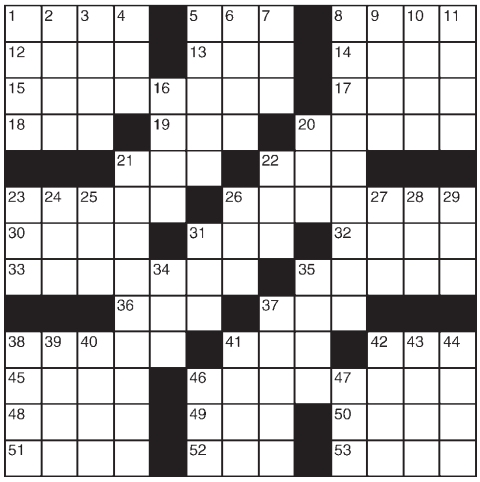
METRO NEWS SERVICES

BT BREAKFAST TELEVISION

Today Morning clouds. 27 C / 10 C
Wednesday Mostly sunny. 29 C / 9 C
Thursday Mostly sunny. 27 C / 10 C

Andrew Schultz, Weather Specialist – Breakfast Television
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta."
WEEKDAYS AT 6 A.M.

Take Five



ACROSS

1 Sail support
5 Suitcase
8 Cooling devices
12 Reverberate
13 Lawyers' org.
14 Out of the storm
15 Time-saver
17 Ski-lift type
18 Nay opposite
19 Deteriorate
20 Muffler
21 Container for cookies
22 8-Across' shout
23 Pocatello's state
26 Frustrates
30 Ms. Moore
31 Egg — yung
32 Ark builder
33 Con
35 Act segment
36 April follower
37 Adversary
38 Curtain material
41 Hawaiian garland
42 TV watchdog org.
45 Press
46 Whopper
48 Foolish one
49 Lennon's lady
50 Microwave, e.g.
51 Lambs' mothers
52 Sawbuck
53 Warp crosser

DOWN

1 Arizona city
2 Sore
3 Oxford, for one
4 Rocky peak
5 Pancetta, e.g.
6 Touch
7 Gangster's gun
8 "Yeah, that'll happen!"
9 Actress Jessica
10 Approach
11 Helot
16 Small combo
20 Witnessed
21 One kind of Girl Scout cookies
22 Pi follower
23 Cards at the door
24 Morning moisture
25 Parisian pal
26 Placekicker's pride
27 Canape topping
28 Hosiery shade
29 That woman
31 Aviate
34 River blocker
35 Earth
37 Criminal
38 Faction
39 Boast
40 Portrayal
41 Diane or Nathan
42 Most popular, briefly
43 Staff leader?
44 Minimal change
46 Young one
47 AAA job

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	9	7	5		8			6
		1	9	6	4			
	8		2					
		2				5	7	1
4	7	5				6		
					7		6	
			8	3	2	9		
5			1		6	4	8	

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

5	6	8	9	7	4	1	2	3
7	4	9	2	1	3	8	6	5
3	1	2	5	8	6	4	7	9
8	9	3	1	6	5	2	4	7
1	2	4	3	9	7	6	5	8
6	7	5	4	2	8	9	3	1
9	5	7	8	4	2	3	1	6
4	8	6	7	3	1	5	9	2
2	3	1	6	5	9	7	8	4

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day

French-Style Chicken in Wine

INGREDIENTS:

12 shallots or pear onions
1-1/2 tbsp (20 ml) garlic-flavoured olive oil
2 oz (60 g) back bacon, cut into thin strips
12 cremini or white mushrooms
4 chicken pieces, such as breast halves
Several sprigs parsley, stems bruised
Several sprigs fresh thyme
1 bay leaf
2/3 cup (150 ml) chicken stock
1-1/2 cups (375 ml) full-bodied red wine, such as shiraz
2 carrots, cut into chunks
Pinch sugar
1 tbsp (15 ml) cornstarch
Salt and fresh-ground black pepper
Chopped parsley

METHOD:

1. Put shallots or onions in heatproof bowl and pour over enough boiling water to cover. Leave 30 seconds, then drain. When cool enough to handle, peel and set aside.
2. Heat 1 tbsp (15 ml) oil in Dutch oven over medium heat. Add bacon and sauté, stirring often, until crisp, 3 minutes. Remove bacon with slotted spoon and set aside.
3. Add shallots to Dutch oven and sauté until brown all over, 5 to 8 minutes. Remove with slotted spoon and set aside.
4. Add mushrooms to Dutch oven, with remaining 1/2 tbsp (7 ml) oil, if needed, and sauté until golden, 3 to 4 minutes.
5. Return half of bacon and shallots to Dutch oven. Place chicken pieces on top and sprinkle with remaining bacon and shallots. Tie herbs into bouquet garni and add to Dutch oven with stock and wine. Season generously with pepper.
6. Bring to boil, then reduce heat to very low, cover, and simmer 15 minutes. Add carrots and continue simmering over low heat until chicken is cooked tender and juices run clear when pierced, and carrots are fork-tender.
7. Remove chicken and arrange on warm serving platter. Strain liquid into pot. Add bacon, mushrooms, shallots, and carrots to chicken and keep warm.
8 Put bouquet garni back in strained liquid, add sugar and bring to boil. Boil until sauce is reduced to about 1-1/2 cups (375 ml). Meanwhile, mix cornstarch with a little water until smooth paste forms. Stir into sauce and simmer until thicker. Adjust seasoning to taste and discard bouquet garni. Spoon sauce over chicken and vegetables and sprinkle with parsley.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
The more you fret about where your next dollar is coming from the more likely it is you won't get it. So think positively today.

TAURUS ♉
APRIL 21-MAY 21
At last you are in a position to voice your concerns to partners and loved ones. Put your point of view across, then listen carefully to their reply.

GEMINI ♊
MAY 22-JUNE 21
You've wasted too much time and energy on things that don't matter. Now you must cut out everything that is not central to your life's aims.

CANCER ♋
JUNE 22-JULY 22
The cosmic setup shows you're at a crossroads in your life. Fortunately, you know exactly what you want and exactly how you are going to get it.

LEO ♌
JULY 23-AUG 23
No matter what you're going through, a bit of logical thinking will surely convince you it's no big deal. In fact, by week's end it will have been forgotten.

VIRGO ♍
AUG 24-SEPT 22
You won't lack for opinions today, and that's good, but make sure everything you say is based on fact, not hearsay or wishful thinking.

LIBRA ♎
SEPT 23-OCT 23
Some things make sense and some things do not and you just have to accept that. You may not like what's going on, but what choice do you have?

SCORPIO ♏
OCT 24-NOV 22
You know what you want and you have no doubt you'll get it before the end of the day. Others will realize it's not worth taking you on.

SAGITTARIUS ♐
NOV 23-DEC 21
Saturn in the career area of your chart means it is time to get serious about your ambitions. You deserve the best, but it won't just drop into your lap.

CAPRICORN ♑
DEC 22-JAN 20
You'll have to deal with people whose ideas are very different from yours, but you can still get along. Try to understand where they're coming from.

AQUARIUS ♒
JAN 21-FEB 18
You must make sure you project the right image, especially to people in authority. If you want to move up in the world you'll need powerful friends.

PISCES ♓
FEB 19-MARCH 20
Your task today is to let certain people know that you intend to break free of the restrictions they've imposed on you — but don't be nasty about it.

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All-Inclusive • Junior suite
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$899
Taxes & other fees (including service charges): $313

DEALS of the WEEK

Las Vegas
Flamingo Las Vegas • 3 1/2 ★
Deluxe rm.
Oct. 19 • 3 nts.
$449
Taxes & other fees (including service charges): $181

Santa Clara
Meliá Las Dunas • 4 ★
All-Inclusive • Standard rm.
Sept. 20 & 27 • 1 wk.
$659
Taxes & other fees (including service charges): $218

Occidental Royal Hideaway Ensenachos • 5 ★
All-Inclusive
Supersaver spa rm.
Sept. 20 & 27
1 wk.
$939
Taxes & other fees (including service charges): $218

Puerto Vallarta
Canto del Sol • 3 1/2 ★
All-Inclusive • Standard rm.
Nov. 7 - Dec. 5 • 1 wk.
$799
Taxes & other fees (including service charges): $273

Honolulu
Aston Waikiki Circle • 3 ★
Hotel rm. ocean view
Dec. 6 • 1 wk.
$1049
Taxes & other fees (including service charges): $140

Maui
Outrigger Aina Nalu Resort • 3 ★
Aloha - Garden view rm.
Dec. 5 • 1 wk.
$1199
Taxes & other fees (including service charges): $140

Los Cabos
Barceló Los Cabos • 4 1/2 ★
All-Inclusive
Junior suite
Jan. 9 - 30 • 1 wk.
$1149
Taxes & other fees (including service charges): $272

DEAL to EUROPE

London
Royal National Hotel London • 3 ★
Breakfast • Standard rm.
Nov. 11, 12, 19 & 20 • 4 nts.
$827
Taxes & other fees (including service charges): $474

DEAL on CRUISES

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